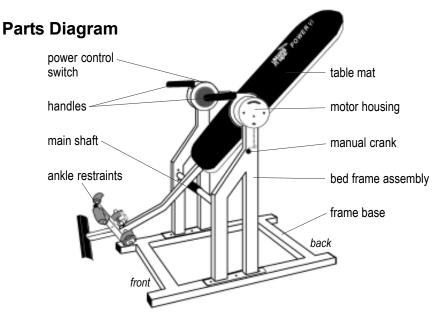


Power VITM **Inversion Table Assembly Instructions**

Height / weight capacity: 6'6", 300 lbs (198 cm, 135 kg)

Patent applies.



Steps to assemble the Power VI™:

Note: The bed frame assembly arrives rotated into the fully inverted position (see Assembly Diagram). This is the most convenient position from which to begin the assembly process.

Step 1 • Secure bed frame assembly to frame base

Set the *bed frame assembly* on top of the *frame base*. (For your reference, the holes in the frame base are off-center, shifted toward the front of the frame). Use a 3/4" wrench or pliers to secure three bolts on both sides of the base. Make sure the bolts are tight.

Step 2 • Secure main shaft to bed frame assembly

Remove the *locking knobs* from the holes in the *main shaft* (they are pre-assembled only for shipping purposes). Insert the *main* shaft into the bed frame assembly. Line up the holes on the back of the bed with those on the main shaft. Tighten both locking knobs to secure the *main shaft* to the *bed frame assembly*.

Step 3 • Secure handles to bed frame assembly

Screw the *handles* into the arms on both sides of the *bed frame* assembly.

Step 4 • Connect to the power source

Connect the 3-prong plug to your power source and rotate the bed upright using the power control switch. Make sure the table operates smoothly.

Read the instructions and attached warnings carefully before operation. Failure to do so could cause serious injury or even death.



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For additional languages in Spanish, French, Dutch, German or Italian, please contact Teeter

front

WARNING!

Should not be used by people over 300 lbs. (135 kg.)

Never let children use the Power VI™ Inversion Table unsupervised.

Review contraindications before using the equipment.

As with any exercise equipment, improper use of this product could result in serious injury or death.

Assembly Diagram

