

# 55-1538 Gravity Inversion Table

**Studies show that inversion therapy has numerous positive effects on the body that help you live more vivaciously and age more gracefully. Add the Stamina® Gravity Inversion Table to your home fitness routine to get relief from many forms of back pain, improve circulation, or decompress after a workout or a stressful day. The Gravity Inversion Table's pivot arms rotate smoothly to invert up to a full 90 degrees, while the heavy-duty steel frame and durable nylon bed provide stable support. When not in use, fold it away and store it. The Gravity Inversion Table gives you the features you want and need for an effective home inversion therapy program.\***

*\* Even though it can provide many health benefits, inversion therapy is not for everyone. Please consult your doctor before using inversion therapy.*

#### Features:

- Heavy-duty steel frame is backed by a 5 year warranty.
- Durable, comfortable nylon bed measures 43" (109cm) long x 19.5" (49.5cm) wide.
- Foam-padded, easily adjustable ankle collars hold you securely and comfortably in place.
- Adjustable nylon tether strap presets the maximum inversion angle.
- Foam-padded handlebar returns are easy to reach from any inversion angle.
- Lightweight, portable, and foldable for easy storage.
- Attractive black steel frame with black nylon support bed and protective side covers.
- Skid-resistant floor protectors maximize stability as you mount, dismount, and invert.
- Three adjustment settings on the pivot arms control rotation speed.
- Anchor knob interconnects structurally with height adjustment beam to ensure quiet, smooth rotation.
- Adjusts to fit heights of 4'10" (147cm) to 6'6" (198cm) with a height adjustment beam that is clearly marked in centimeters and inches.
- Assembled size (maximum when extended to accommodate a 6'6" tall person): 78.5" (199cm) long x 28" (71cm) wide x 57" (145cm) high.
- Required workout area: 104" (264cm) long x 52" (132cm) wide x 96" (244cm) high.
- Folded size: 76" (193cm) long x 28" (71cm) wide x 16" (41cm) high.
- Weight: 54 lbs. (24.5kg).
- Weight capacity: 300 lbs. (136kg).
- Warranty: 5 years frame/90 days parts.



This product is Produced Exclusively by  
**Stamina Products, Inc.**  
PO Box 1071 • Springfield MO 65801-1071  
phone: (417) 889-7011 • fax: (417) 889-8064  
e-mail: [corporate@staminaproducts.com](mailto:corporate@staminaproducts.com)  
[www.staminaproducts.com](http://www.staminaproducts.com)