



Wave Rower

Absolutely the best
total body
aerobic workout
you'll ever enjoy
in the comfort of
your own home!

Overall Dimensions:

Length: 1975mm / 77.8"
Width: 530mm / 20.9"
Height: 510mm / 20.1"
Maximum User Weight: 136kg / 300 lbs

WARRANTY:
Frame 5 Yrs, Tank & Seals 2 Yrs, Components 1 Yr.

Available from:

from
WAVE FITNESS

Wave Rower

Designed for the active 21st century lifestyle.

Suitable for the entire family, with ingenious use of the unique physical properties of water.
That's why it's called Wave Rower!

Just as a wave can be anything from a gentle ripple to a raging ocean surf, so Wave Rower instantly adapts from a light warm-up to a fierce workout.

That's because with water, the harder you work, the tougher it gets. Ask any rower!
Developed in collaboration with professional rowers, Wave Rower delivers the feel, sight and sound of real on-water rowing. The multiple chamber, ribbed tank internals provide natural 'catch' and the most consistent resistance of any rowing ergometer.

Designed for the modern home with funky styling that looks great in any room, Wave Rower can be wheeled away and stored vertically after use.

Rowing – better than all the rest

- ◊ Engages all major muscle groups
- ◊ Highly aerobic, burns fat fast
- ◊ Low impact, non weight-bearing

Water resistance

- ◊ Natural, quiet, and soothing
- ◊ Simulates real on-water rowing
- ◊ Resistance adapts to work intensity

The Wave Rower Computer



Time; Distance; 500m split time;
Strokes per min; Calories per hour;
Watts; Interval training.
PLUS Heart Rate. (option)

The Wave Rower Footboard



Unique heel support system.
Instantly adjustable for foot size.
You can row in trainers, socks or bare feet.

The Wave Rower Handle



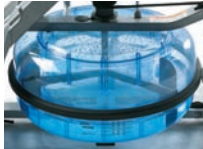
Angled ergonomic design prevents strain on wrists and hands even on long hard workouts.

The Wave Rower Seat



Contoured super comfortable, with precision bearings running on an anodised aluminum rail.

The Wave Rower Tank



Tough polycarbonate shell, 3 blade stainless steel paddle.
Variable water volume from 9 to 17 litres.

The Wave Rower Transit Wheels



Light & easy to move around.
Stores in just 53x50cm / 21x20"
Wave Rower can be where you want it when you want it!

