

Bring home the challenge of the Pacific!

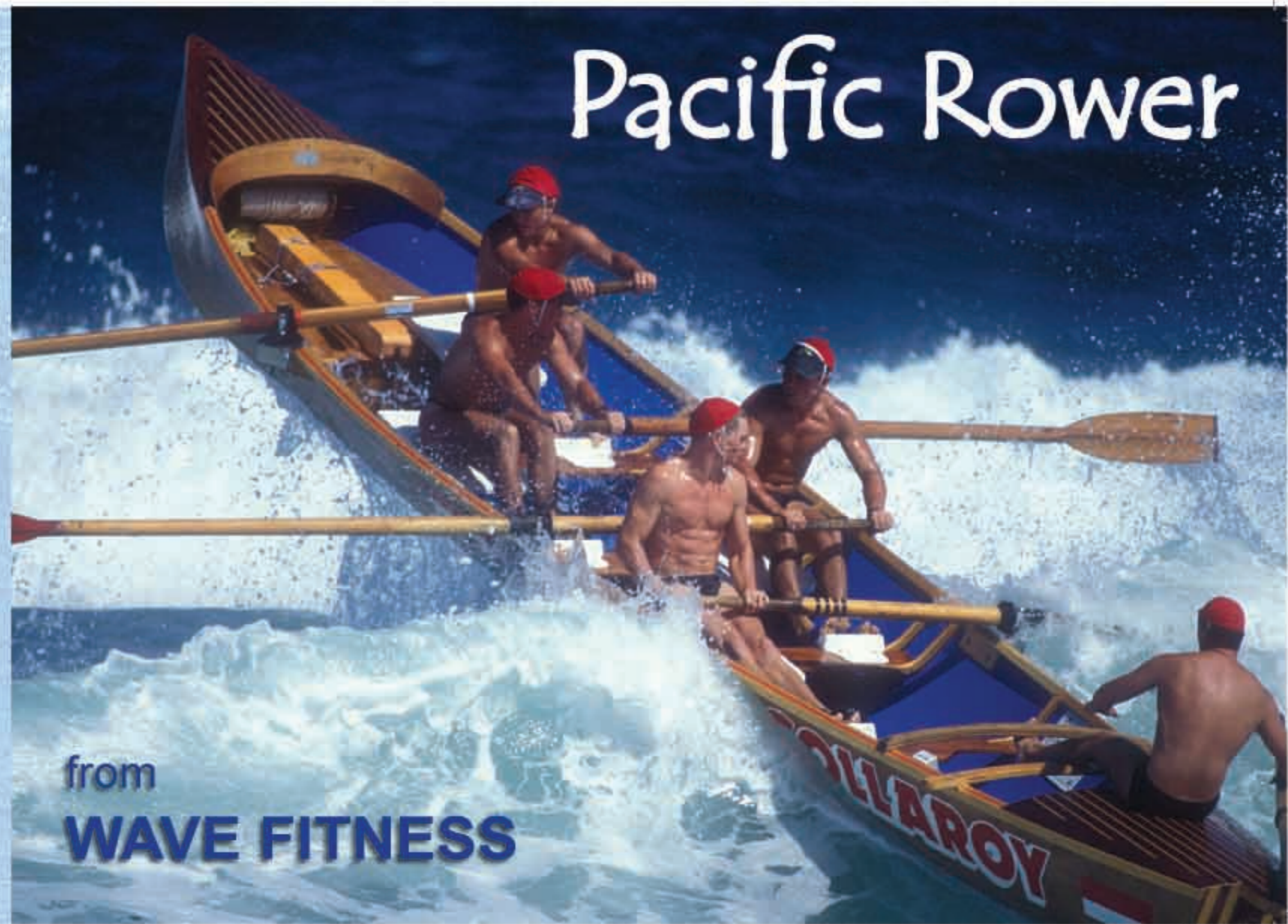


Pacific Rower offers precisely the exercise you want.

At low intensity it's just like a tranquil lake, but step up your work rate and it responds instantly, oar blades churning through the tank to give you the maximum challenge.

Pacific Rower is engineered to deliver what you want, when you want it.

Pacific Rower



from
WAVE FITNESS

Pacific Rower

Designed for the active 21st century lifestyle.

Rowing – better than all the rest

- Engages all major muscle groups
- Highly aerobic, burns fat fast
- Low impact, non weight-bearing

Water resistance

- Natural, quiet, and soothing
- Simulates real on-water rowing
- Resistance adapts to exercise intensity

The Pacific Rower makes ingenious use of the unique physical properties of water. Just as a wave can be anything from a gentle ripple to a raging ocean surf, so Pacific Rower instantly adapts from a light warm-up to a fierce workout. That's because with water, the harder you exercise, the tougher it gets. Ask any rower!

Pacific Rower has been developed in collaboration with professional rowers to deliver the feel, sight and sound of real on-water rowing. The multiple chamber, ribbed tank internals provide natural 'catch' at the start of the stroke, and the most smooth and consistent resistance you will find on any rowing ergometer. The water level is easily varied (between 9 and 17 litres) to change the overall resistance profile to perfectly suit every user.

Suitable for the entire family, and designed for the modern home with funky styling that looks great in any room.



Pacific Rower is built up to a standard, not down to a price!

Robust steel frame
Precision bearings
Polycarbonate tank

Nylon webbing strap
Marine grade stainless steel shaft & blades
Anodised aluminium seat rail

Pacific Rower embodies advanced Fluid Fitness technology, and is produced by

Wave Fitness
www.wavefitness.net

Domestic use warranty: Frame 5 years, Tank & seals 2 years, Components 1 year

Overall Dimensions: L 1975mm/77.8", W 530mm/20.9", H 510mm/20.1"

Stores in 530mm x 510mm / 20.9" x 20.1"



Product features

The Pacific Rower Computer

Time, Distance, 500m split time, Strokes per min, Calories per hour, Watts, interval training, PLUS Heart Rate (option)



The Pacific Rower Footboard

Unique heel support system. Instantly adjustable for foot size. You can row in trainers, socks or bare feet with complete comfort.



The Pacific Rower Handle

Angled ergonomic design prevents strain on wrists and hands even on long hard workouts



The Pacific Rower Seat

Contoured super comfortable, with precision bearings running on an anodised aluminium rail



The Pacific Rower Tank

Tough polycarbonate shell, 3 blade stainless steel impeller, Variable water volume from 9 to 17 litres



The Pacific Rower Transit Wheels

Light & easy to move around. Pacific Rower can be where you want it when you want it!



Pacific Rower can be wheeled away and stored upright after each use on floor space of just 53x51cm / 21x20"