



# PILATES, INC.

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## XERCIZER MAINTENANCE

Included in this kit:  
One (1) Allen Wrench  
Two (2) 9/16" Wrenches

### 1) Tightening Leg Attachments

#### Tools Needed: Allen Wrench

Use the Allen Wrench to tighten the following items should they become loose. Check these items periodically and tighten as needed:

- Footbar
- Jumpboard
- Lumbar Support

**NOTE:** do not over tighten screws as it will strip the threading.



**Jumpboard & Lumbar Support (Footbar not shown):** tighten screws on back that attach legs to board.

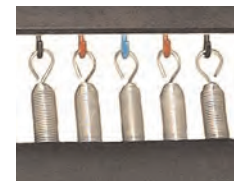
### 2) Spring Replacement

#### Tools Needed: two (2) 9/16" wrenches

Replace springs every 18 - 24 months depending upon usage. Springs lose tensile property through repeated use.

To replace springs, place one wrench on the hold nut against spring. Using the other wrench, loosen opposing screw by turning to the left. Replace spring, then tighten in new spring using existing nuts and washers – turn to the right to tighten.

**New Springs:** Use one wrench to secure the bolt while you use the other to loosen.



### 3) Wearable Items

Replace Footloops and handles at the first sign of wear, or every 18-24 months.

Replace existing padding/upholstry as needed based on wear for the carriage, footboars, jumpboards, lumbar supports.



**Handles and Footloops:** replace every 18-24 months



Material and cushion on **Carriages, Footbars, Lumbar Supports and Jumpboards** can be replaced if torn or otherwise damaged.



#### REPLACEMENT PARTS AND PRICING: AVAILABLE THROUGH IM=X PILATES; CALL 800-469-1336.

IMX Pilates recommends that you replace footloops, handles and springs every 12-24 months depending upon usage and that you replace the padding on the Footbar and Carriage every 3-5 years depending upon usage.

Footloops \$25 per pair | Handles \$25 per pair | Springs \$40 each | Ropes \$40 each | Shoulder Blocks \$25 each |  
 Jumpboard (entire assembly) \$205 | Jumpboard (board and pad only) \$150  
 Lumbar Support (entire assembly) | Lumbar Support (board and pad only) \$75  
 Footbar (entire assembly) \$205 | Footbar (bar and pad only) \$135  
 Carriage Pad \$150 | Headrest Pad \$45

#### WARRANTY INFORMATION by Protocol International, Inc. | web: profit@sbcglobal.net

ph: 254.765.3331 | fax: 254.765.3336 | address: 205 Riley Street, P.O. Box 427, Wortham TX 76693

**Wear Items:** Ninety-days (90) on all wearable items for the Xercizer including the Footloops, Handles, Ropes and the padding/upholstry on the Lumbar Support, Shoulder Blocks, Jumpboards, Carriage and Footbar.

**Moving Parts:** One (1) year warranty on the moving parts of the Xercizer including hardware of the following items: Lumbar Support, Shoulder Blocks, Jumpboards, Carriage (rollers and wheels), Footbar and the Rope Pulleys & Cleets.

**Welded Structure:** Ten (10) year warranty on the welded frame of the Xercizer including the welded parts of the Carriage.