55-5557 Aero Pilates Pro XP557

The Stamina® AeroPilates® Pro 557 is for the person who takes their home Pilates reformer workout seriously. The Pro 557 was made four inches longer than other reformers to accommodate all heights throughout all Pilates exercises. Four springs-each with different resistance levels-let you refine your workout variations even more.

Only Stamina AeroPilates reformers add the benefit of cardiovascular fitness to traditional Pilates and the oversized Free-Form Cardio Rebounder allows you to use different foot positions to vary your cardio workout even more. Just push off from the Free-Form Cardio Rebounder while lying on your back. You will feel your core engage and strengthen while you work your heart and lungs. It is gentle to your joints and connective tissue yet you will reach and maintain your target heart rate as effectively as a treadmill.

- ***Longer rails (98" long) accommodate taller users***
- ***Four commercial steel springs provide 4 levels of workout resistance***
- ***Commercial grade wheels for smoothest carriage glide***
- ***Performs over 50 exercises to tone and shape the entire body***
- ***Adjustable headrest and oversized high density foam shoulder pads offer additional support and comfort***
- ***Reformer is elevated 15 inches to allow for more advanced exercises***
- ***Aluminum rails and oak-finished wood construction***
- ***Adjustable ropes, straps, and hand grips to fit any user***
- ***Footbar adjusts to three positions***
- ***Free-Form Rebounder dimensions: 14" wide x 19 " tall***
- ***Dimensions: 98" long x 23.25" wide x 15" tall***

STAMINA® PRODUCTS INCORPORATED

This product is Produced Exclusively by
Stamina Products, Inc.
PO Box 1071 • Springfield MO 65801-1071
phone: (417) 889-7011 • fax: (417) 889-8064
e-mail: corporate@staminaproducts.com
www.**staminaproducts**.com

55-5557