

# 40-0046 InStride® Plus Electronic Stepper with Total Body Resistance Tubes



*If you are limited on space yet want a great cardiovascular and overall strength workout at home, Stamina's InStride Plus Electronic Mini-Stepper is the solution. The InStride Plus Electronic Stepper adds upper body toning bands for a toned back, arms, shoulders, and torso. You get a workout like the larger, more expensive steppers, but with a stepper that is affordable, light-weight enough to take along, and small enough to store at home or at work.*

#### Features:

- Assembled size: 16.25"(41.3cm) long x 12.125"(30.8cm) wide by 12.25"(31.1cm) tall.
- Two medium-resistance removable toning bands with easy-grip foam handles add an upper body workout to your step routine.
- Compact design lets you work out anywhere and stores away in small spaces.
- Battery-operated electronic monitor tracks the number of steps per minute, number of steps during the workout, workout time, and calories burned.
- Remove the toning bands to use alone for total body strength training.
- Two hydraulic cylinders provide a smooth stepping motion.
- Skid resistant rubber floor protectors also prevent skidding.
- Wide, textured steps keep feet secure during your workout.
- Warranty: 5 years frame/90 days parts.
- Weight: 20 pounds/9.07 kilograms.
- Sturdy steel construction.

**in** **STRIDE**® *Plus* Electronic Stepper  
with Total Body Resistance Tubes



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