



» Star Trac E-ST Stepper

features / specifications



features

- :: **Soft Trac®** pedals provide ultimate shock-absorbing comfort throughout the entire workout
- :: **Supportive Handrails** including an Aero Bar that runs over the display allow comfortable hand placement at every angle
- :: **Star Trac's Popular Adjustable Personal Fans** create a more rewarding workout
- :: **Motivational Workout Programs** include Famous Steps,™ which allows users to select from 9 famous landmarks from around the world including the Eiffel Tower, the Great Pyramid and the Empire State Building during the course of their workout, Quick Start, Fat Burner, Multi-Stage Fitness Test and 2 heart rate programs
- :: **Muscle-Specific Workout Programs** include Glute Sculptor and Thigh Toner
- :: **Pre-wired** for easy installation of Star Trac's E Series entertainment system

specifications

- :: **Model:** E-ST
- :: **Overall Dimensions:** 46" l x 39" w x 65" h (116.8 x 99.1 x 165.1 cm)
- :: **Overall Weight:** 215 lbs (96.75 kg)
- :: **User Weight Capacity:** 350 lbs (159 kg)
- :: **Pedal Size:** 13" l x 6.35" w, open ended (33.02 x 16.13 cm)
- :: **Distance Between Pedals:** 2" (5.1 cm)
- :: **Step Range of Motion:** 16" (41 cm), independent stepping action
- :: **Electrical:** Self-contained power supply, no external power needed. An AC adapter is optional
- :: **Certification:** UL/CSA, CE
- :: **Colors Frame:** Metallic Silver Shrouds: Slate Gray Accents: Black
- :: **Resistance:** 20 levels of intensity
- :: **HR Monitoring:** Polar® Telemetry and Contact Heart Rate System
- :: **Readouts:** 16-character message window; Dedicated: Time, floors climbed, heart rate, course profile, resistance level, motivational track display; Scrolling: Calories, calories/hour, watts, distance, speed, METS
- :: **Programs:** 8 programs including Famous Steps, Quick Start, Glute Sculptor, Thigh Toner, Fat Burner, Multi-Stage Fitness Test, Dynamic Heart Rate Control,® Constant Heart Rate Control
- :: **Standard Features:** Personal cooling fans, Soft Trac pedals, Aero Bar over display, dedicated heart rate display, FitLinxx® certified
- :: **Warranty:** 2-year warranty on parts, 1-year warranty on labor (USA only)*
- :: **Pre-wired:** for E Series entertainment system

online www.startrac.com phone 800 228 6635

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